

# Genetics and Health Testing

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Dr Joanna J. Ilska



# Talk Outline

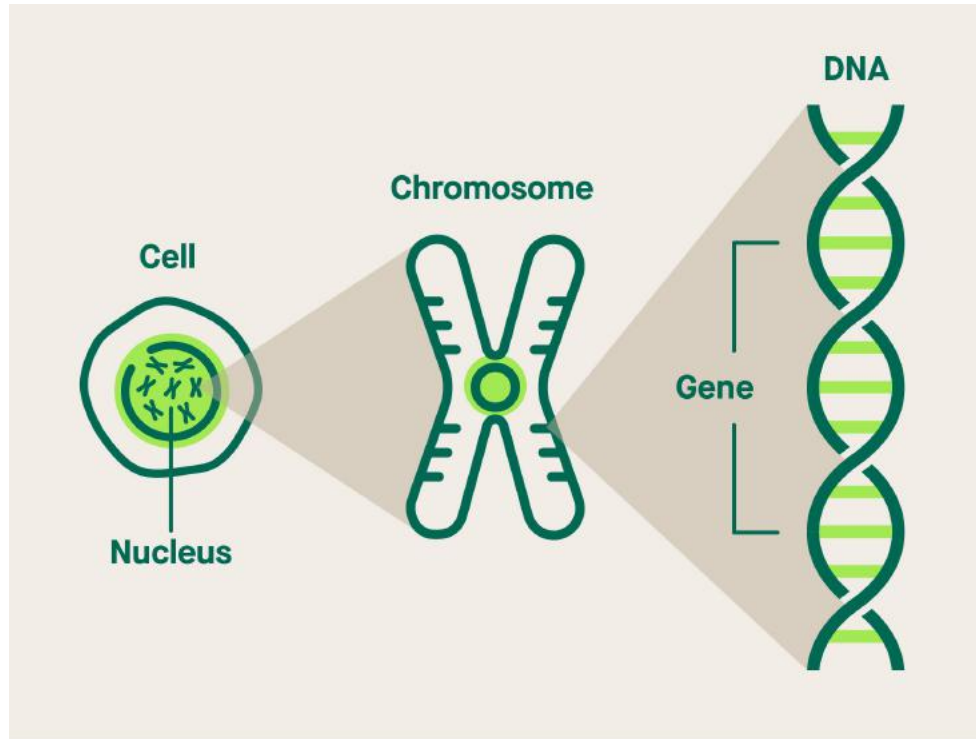
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1. Genetic basis of disease
2. Hip and Elbow Dysplasia – KC/BVA Scheme data for BMD
3. Estimated Breeding Values (EBVs)
4. Genetic diversity

# Genetic basis of disease

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# Genetic basis of variability

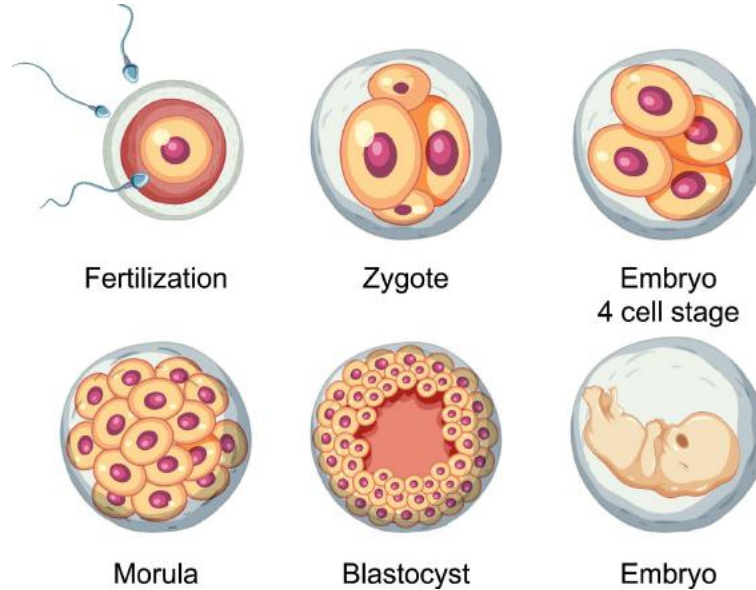


Dogs genome  
2.5 billion base pairs  
~19K genes

# Genetic basis of variability

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1. Growth, life cycle → new cells (including reproductive cells) → DNA needs to be replicated



© Vecteezy.com

# Genetic basis of variability

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## 1. Mutation:

1. Typically small alteration in DNA code
2. May change the protein the DNA codes for:
  1. Mostly deleterious
  2. Some can be beneficial
  3. May be silent - neutral (no effect)

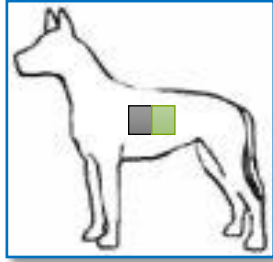
ALL organisms have mutations

Every person in this room has ~70 completely novel mutations



# Basic terms

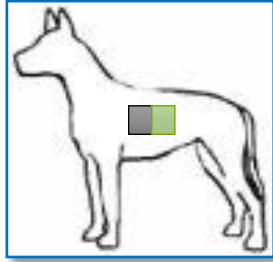
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- **Allele** – a single copy of a gene. Different alleles are created through mutation
- Each individual has 2 alleles of each gene – the pair is called a **genotype**

# Basic terms

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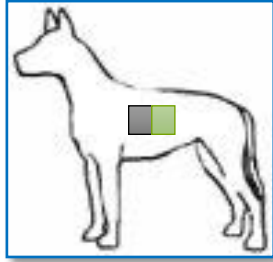
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Dog's Genotype – a set of genotypes across all genes



# Basic terms

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- **Allele** – a single copy of a gene. Different alleles are created through mutation
- Each individual has 2 alleles of each gene – the pair is called a **genotype**
- Visible/measurable characteristic - **phenotype**

Dog's Genotype – a set of genotypes across all genes

# Single gene traits

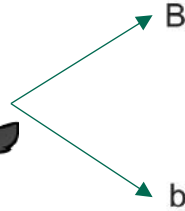
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1. Simplest scenario:
  1. Phenotype completely controlled by a single gene
  2. Bi-allelic – only two alleles possible (e.g. 'B' – black coat, 'b' – brown coat)
  3. Recessive – two copies of the mutant allele needed for the mutation to change the phenotype (dog's coat visibly brown)

# Single gene traits

1. 1 gene → 2 alleles → 3 possible genotypes:

1. BB – normal, black coat
2. Bb – carrier, black coat, but can pass brown to progeny
3. bb – both alleles are mutant, brown coat



25% chance of BB  
50% chance of Bb  
25% chance of bb

Punnett Square

	B	b
B	BB	bB
b	Bb	bb

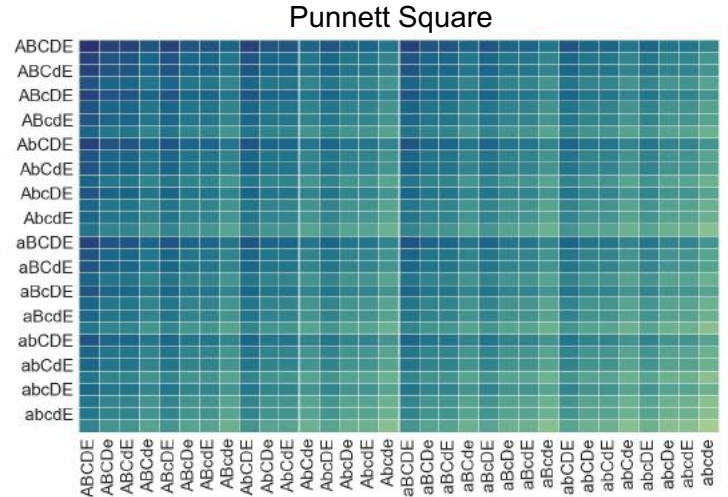


# Polygenic traits

1. The number of possible genotype combinations increases with the number of genetic variants involved

*Number of unique genotypes =  $3^{\text{number of genes}}$*

# Genes	# Genotypes
1	3
3	27
5	243
10	59,049



# Polygenic traits

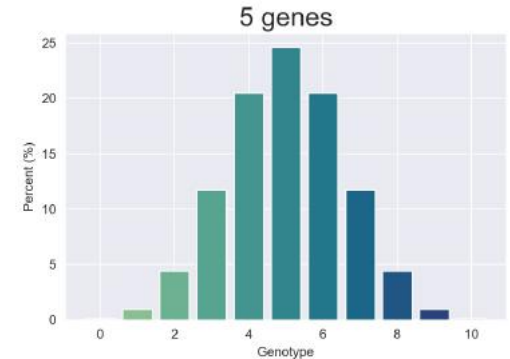
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1. The number of possible genotype combinations increases with the number of genetic variants involved
2. The effects of individual genes are typically very small – total genetic value is the sum of individual gene effects

# Polygenic traits

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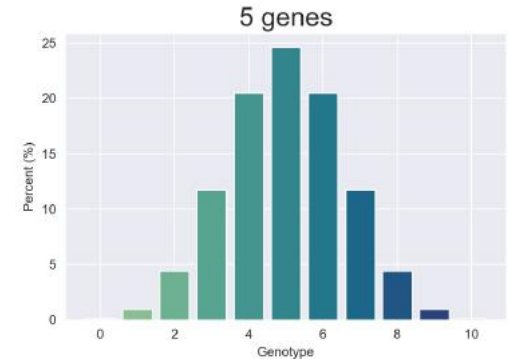
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# Polygenic traits

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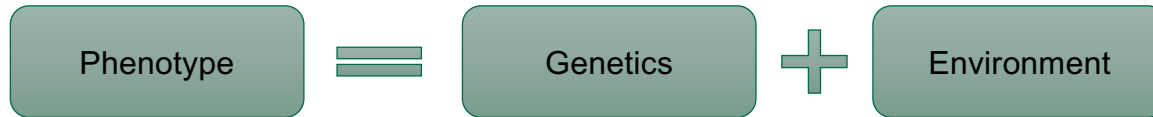
When considering complex traits, we want to assess the overall genetic merit of the dog, rather than track individual gene variants.



# Polygenic traits

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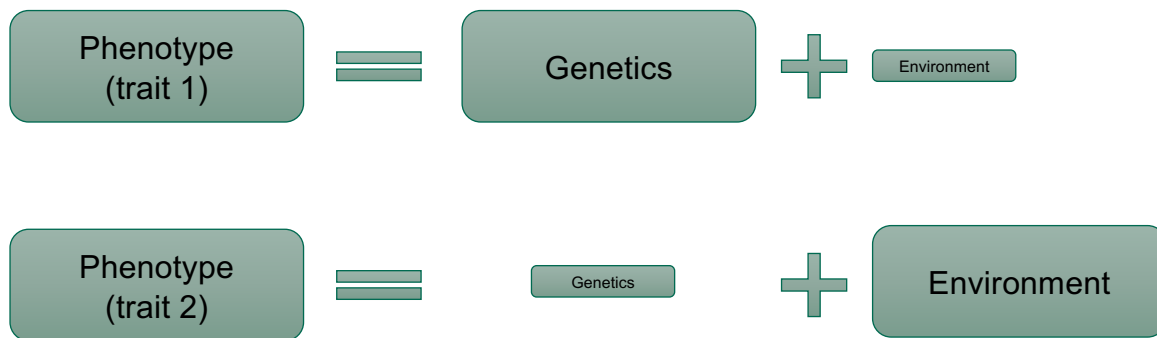
1. The number of possible genotype combinations increases with the number of genetic variants involved
2. The effects of individual genes are typically very small – total genetic value is the sum of individual gene effects
3. Frequently affected by environment





# Heritability ( $h^2$ )

- Heritability - how much of the variation we see in the trait can be explained by genetics?
  - $h^2 = 0\%$  → all variation comes from environment
  - $h^2 = 100\%$  → all variation comes from genetics



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- Heritability is a parameter of a “trait in a population”, not an absolute value for the trait!



**Identical genetics**  
**(twins, clones)**

$h^2 \sim 0\%$

Environment  $\sim 100\%$   
Genes  $\sim 0\%$



**Identical environment**

$h^2 \sim 100\%$

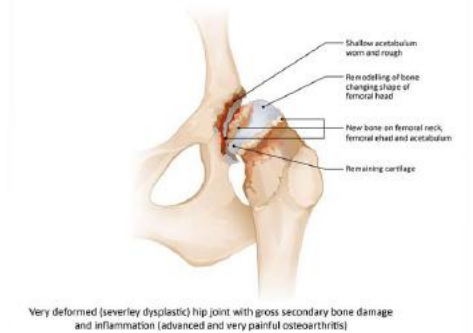
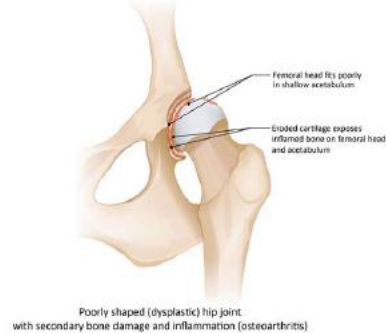
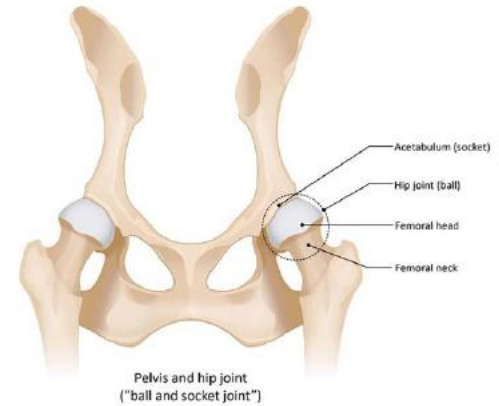
Environment  $\sim 0\%$   
Genes  $\sim 100\%$

# Hip and Elbow Dysplasia in BMD

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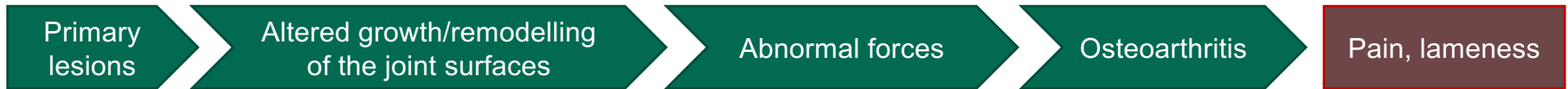
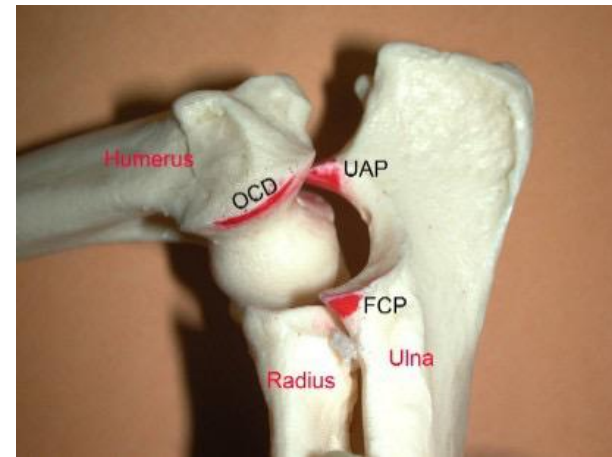
# Hip dysplasia (HD)

- Developmental orthopaedic disorder of the hip joint
- Malformation and laxity of the joint lead to osteoarthritis (OA)
- OA is irreversible



# Elbow dysplasia (ED)

- Developmental orthopaedic disorder of the elbow joint
- Primary lesions:
  - Fragmented or ununited medial coronoid process (FCP)
  - Osteochondritis dissecans (OCD or OD)
  - Ununited anconeal process (UAP)
- Primary lesions lead to OA, which is irreversible



# HD/ED in BMD

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1. Hip Dysplasia – OR = 7.2
2. Elbow Dysplasia:
  1. FCP OR = 140
  2. UAP OR = 50

## Odds ratio (OR):

OR >1, breed more at risk of developing condition than control

OR = 1, breed at the same risk as control

OR < 1, breed less likely to develop the condition than control

LaFond, E., Breur, G. J., & Austin, C. C. (2002). Breed susceptibility for developmental orthopaedic diseases in dogs. *Journal of the American Animal Hospital Association*, 38(5), 467-477.

# BVA/KC Hip/Elbow Dysplasia Schemes

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- Xray of dogs when >1 year old (at GP vets)
- Xray sent to BVA
- Panel of scrutineers – specialists

# BVA/KC Hip/Elbow Dysplasia Schemes

## Hip Dysplasia

- Range 0 – 53 per hip, 0 – 106 total

CERTIFICATE OF SCORING			
HIP JOINT	Score Range	Right	Left
Norberg angle	0-6	3	1
Subluxation	0-8	3	2
Cranial acetabular edge	0-6	2	2
Dorsal acetabular edge	0-6	7	7
Cranial effective acetabular rim	0-6		
Acetabular fossa	0-6	7	7
Caudal acetabular edge	0-5		
Femoral head/neck exostosis	0-6	7	7
Femoral head recontouring	0-6		
<b>TOTALS</b>	(max possible 53 per column)	<b>8</b>	<b>5</b>
		<b>13</b> Total score (max possible 106)	



## Elbow Dysplasia

- Grades:
  - 0 – radiographically normal
  - 1 – Mild osteoarthritis (OA)
  - 2 – Moderate or a primary lesion with no OA
  - 3 – Severe OA or a primary lesion with OA

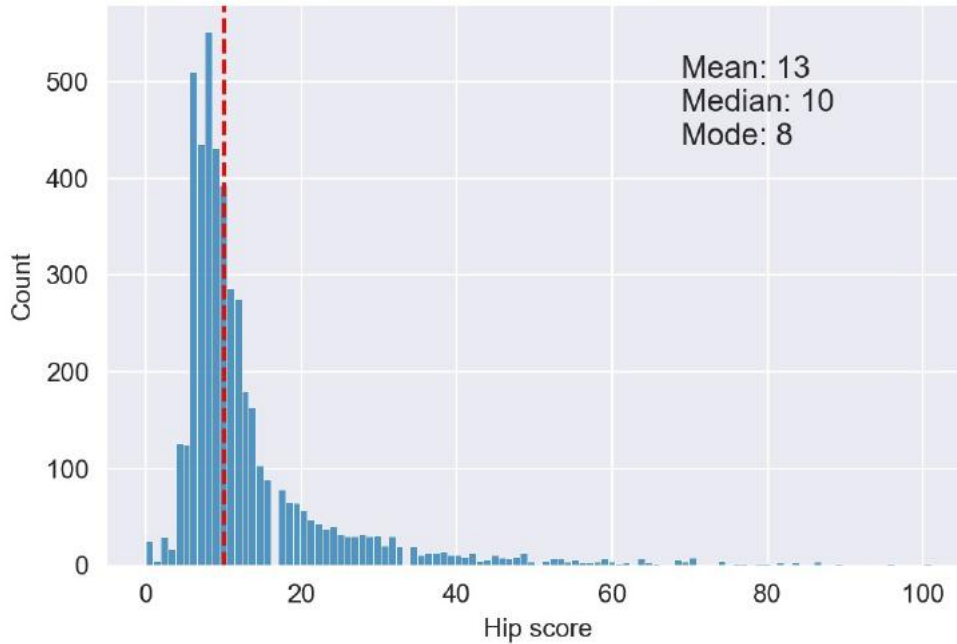
	RIGHT	LEFT
<b>GRADE</b> (range 0-3)	1	2
<b>OVERALL GRADE</b> (max possible 3)	2	





# BVA/KC Hip Dysplasia Scheme

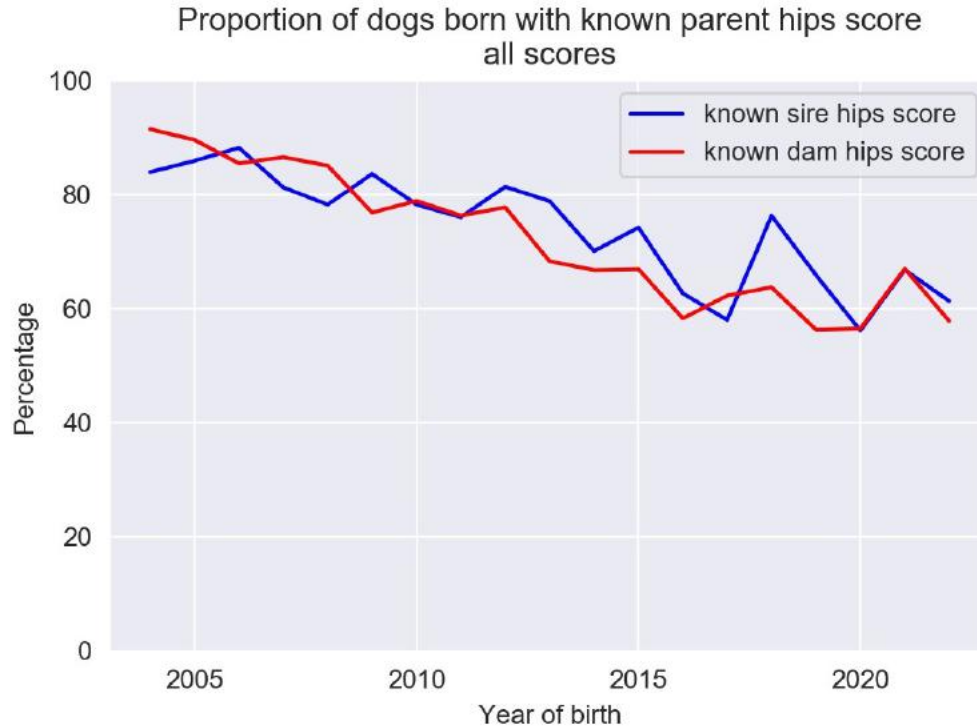
Bernese Mountain Dog  
all scores



BVA/KC Hip Dysplasia Scheme  
Total of 4,746 hip scores (BMD)

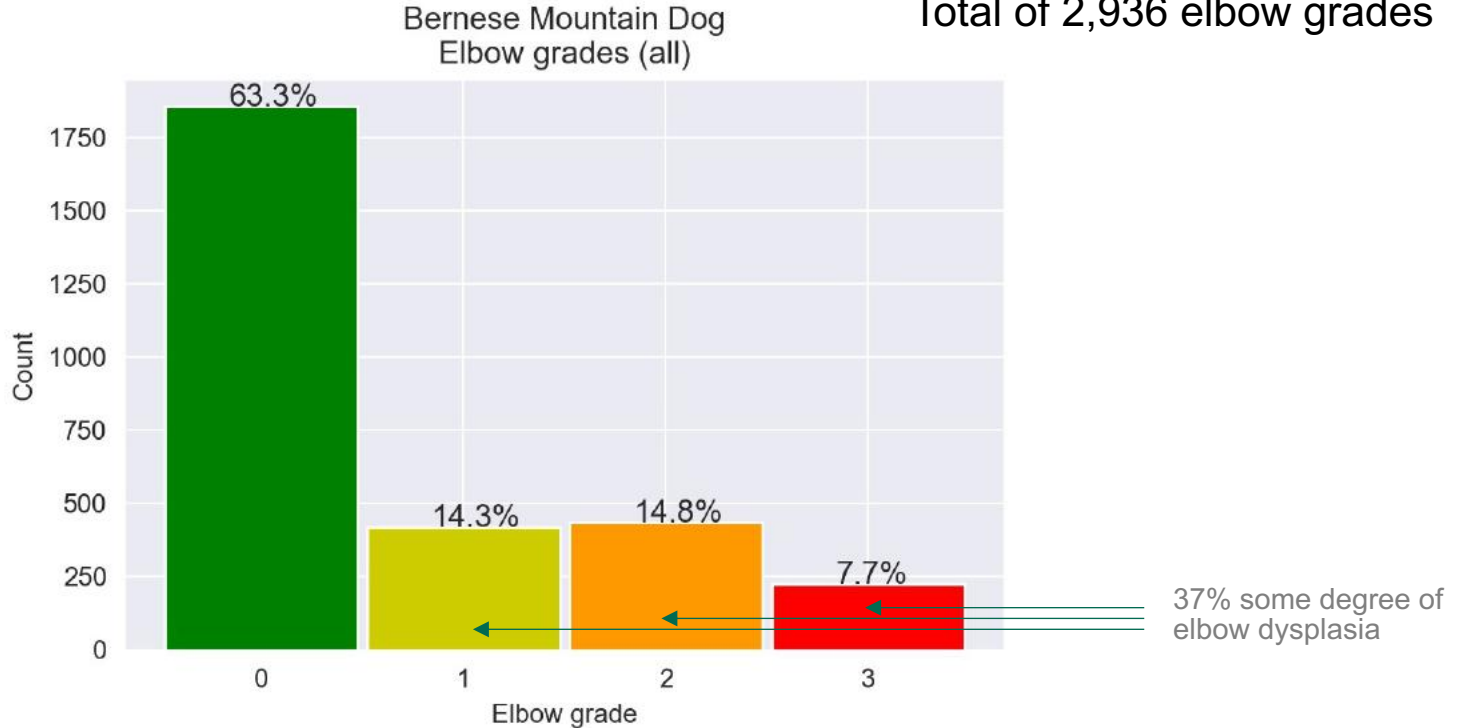
Breed	Mean	Median
Labrador	11	9
German Shepherd	15	11
Rottweiler	10	8

# BVA/KC Hip Dysplasia Scheme

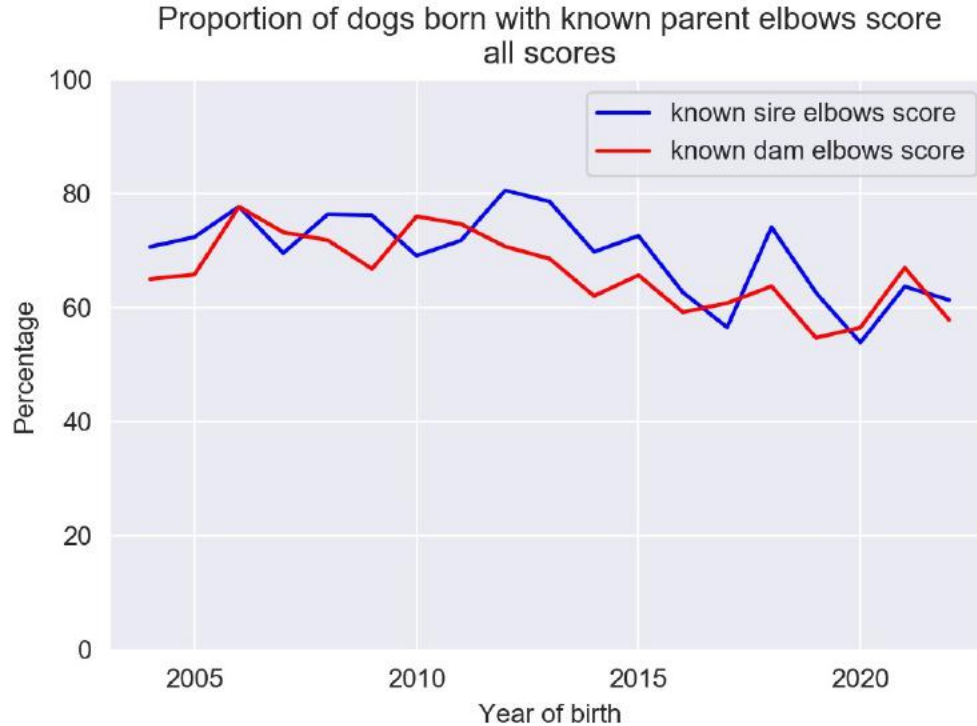


# BVA/KC Elbow Dysplasia Scheme

BVA/KC Elbow Dysplasia Scheme  
Total of 2,936 elbow grades



# BVA/KC Elbow Dysplasia Scheme



# Genetics of Hip and Elbow Dysplasia

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Phenotype



Genetics



Environment



Phenotype



Genetics



Environment

# Genetics – focus for breeders!

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$$\text{Phenotype} = \text{Genetics} + \text{Environment}$$

$$\text{Phenotype} = \text{Genetics} + \text{Environment}$$



Selection for genetics brings a permanent improvement!

# Heritability

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- Heritability - how much of the variation we see in the trait can be explained by genetics?
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$h^2$  of HD in BMD  
37%

$h^2$  of ED in BMD  
27%



# Heritability

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*“Only 37% of your dog’s hip score is due to genetics”*

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$h^2$  of HD in BMD  
37%

$h^2$  of ED in BMD  
27%

~~“Only 37% of your dog’s hip  
score is due to genetics”~~

37% of the variation in the hip score  
in the breed can be explained by  
genetics

# Genetics of hip/elbow dysplasia

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## 1. Genes involved:

1. Conformation of the hip and elbow joint
2. Laxity
3. Growth and maturity rates – hormonal activity?
4. Bone mass and density?
5. Muscle development?
6. Cartilage matrix composition?
7. *(Temperament? Preferred activities? Appetite?)*



Polygenic

# Complex Traits

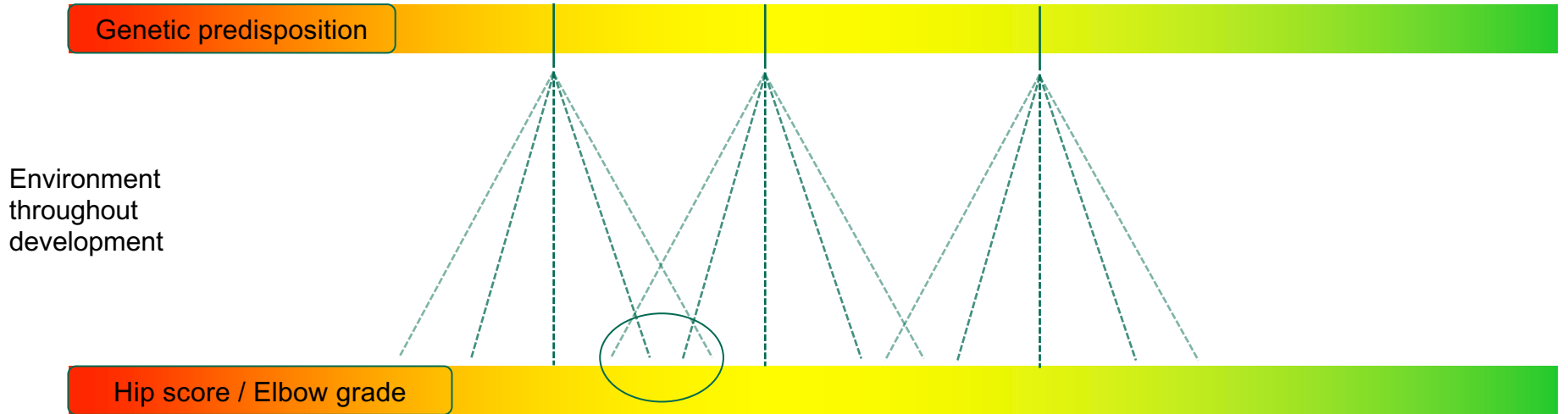


Genetic predisposition

Environment  
throughout  
development

Hip score / Elbow grade

# Complex Traits



# Complex Traits

*Prevalence and inheritance of and selection for elbow arthrosis in Bernese Mountain Dogs and Rottweilers in Sweden and benefits:cost analysis of a screening and control program*

Swenson et al (1997)

	% with ED	% with severe ED
Grade 0 x Grade 0	31	11
Grade 0 x Grade 1	44	19
Grade 0 x Grade $\geq 2$	56	27
Grade $\geq 2$ x Grade $\geq 2$	59	29
Grade 0 x Not tested	40	18
Not tested x Not tested	60	32
Grade $\geq 2$ x Not tested	51	29

# Complex Traits

How the Orthopedic Foundation for Animals (OFA) is tackling inherited disorders in the USA: Using hip and elbow dysplasia as examples

G. Gregory Keller<sup>a,\*</sup>, Edmund Dziuk<sup>a</sup>, Jerold S. Bell<sup>a,b</sup>

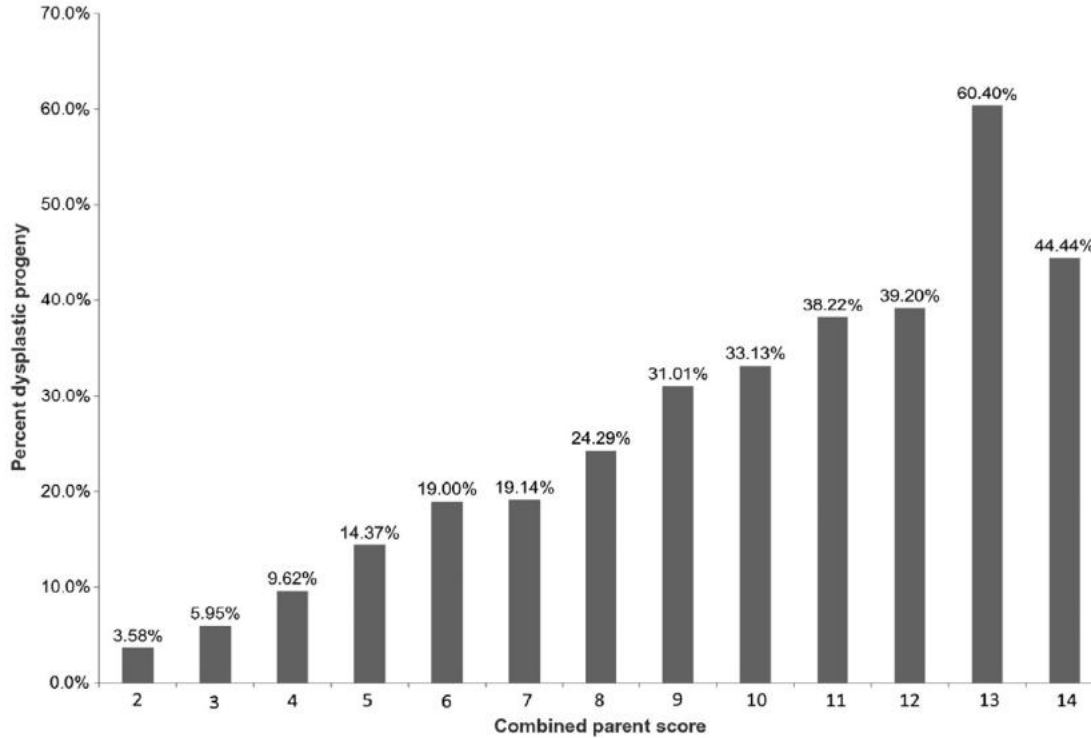


Fig. 1. Relationship of Combined Parent Score to percentage of hip dysplastic progeny.

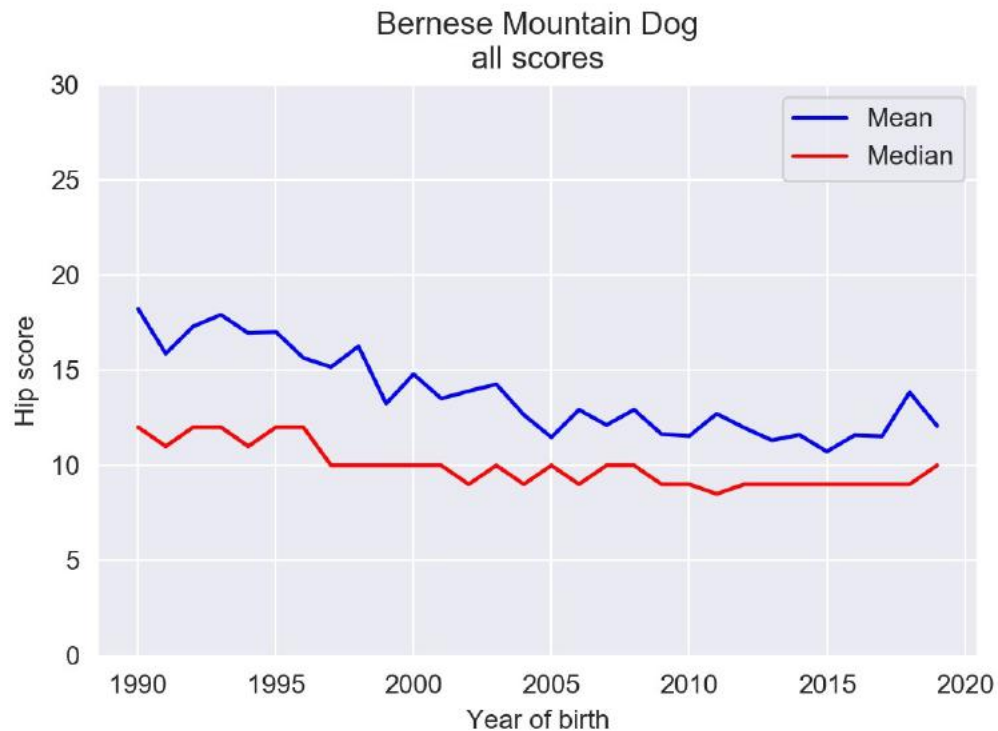
# Phenotypic selection

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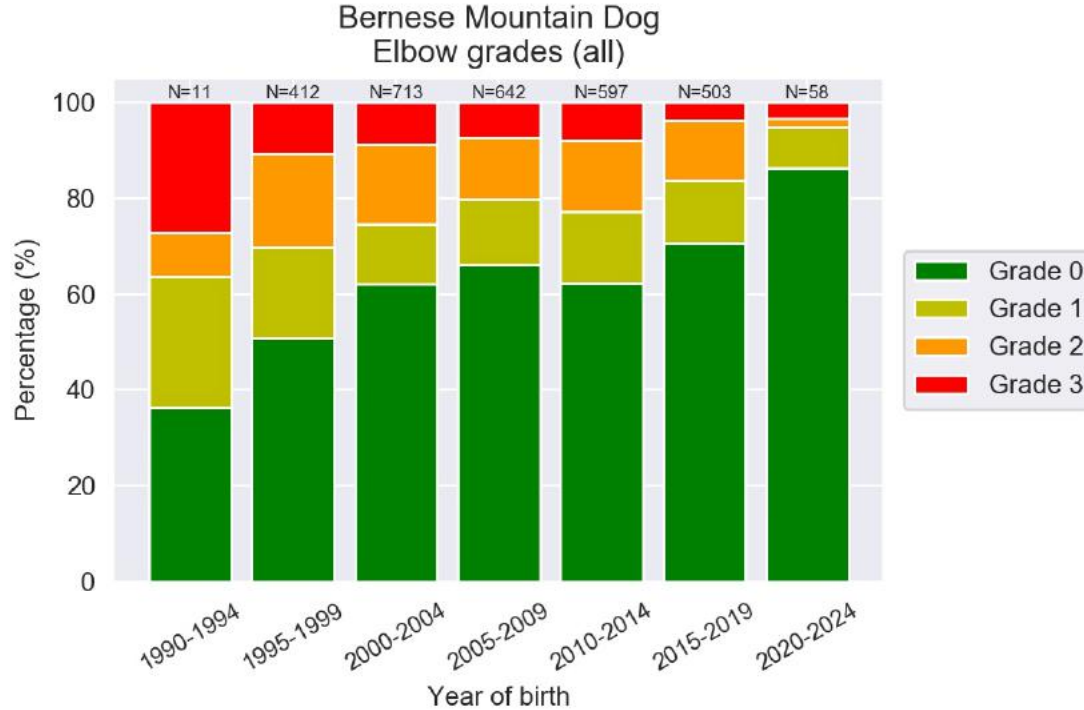
1. Use in breeding only dogs with hip score <10, ideally elbow grade 0



# BVA/KC Hip Dysplasia Scheme



# BVA/KC Elbow Dysplasia Scheme



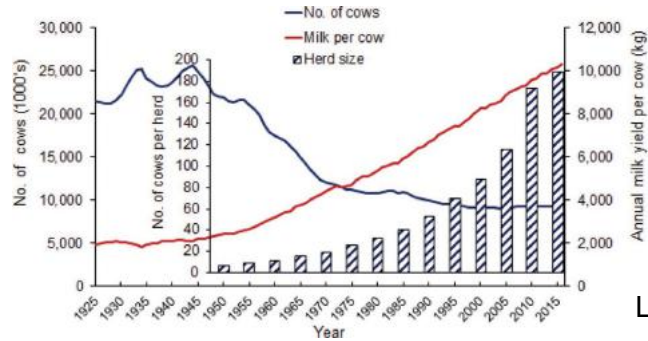
# Estimated Breeding Values

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EBVs

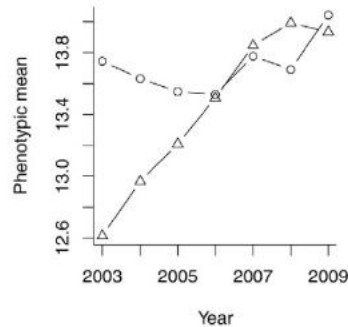
# EBVs – primary tool in livestock breeding

1. More accurate estimation of the genetics – more precise selection, better response to selection



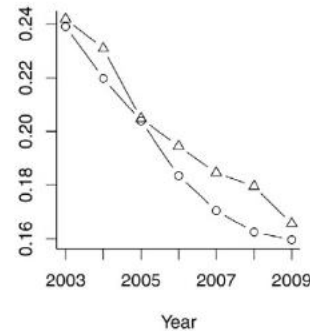
J. Dairy Sci. 100:10292–10313  
<https://doi.org/10.3168/jds.2017-12959>

Litter size

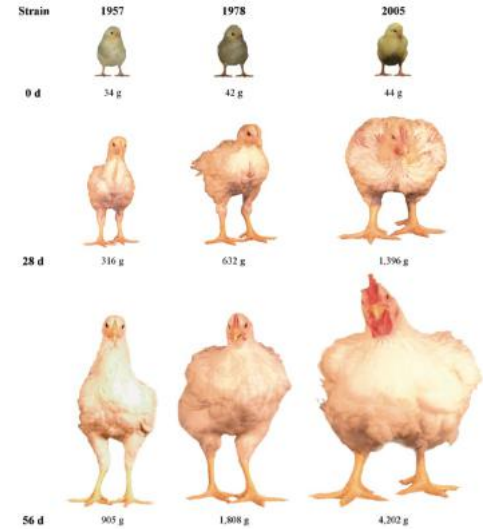


J. Anim. Sci. 2013.91:2575–2582  
[doi:10.2527/jas2012-5990](https://doi.org/10.2527/jas2012-5990)

Mortality



Zuidhof et al., 2014  
 Poultry Science 93:2970–2982



# Know your line!

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1. Genetic variation → resemblance between relatives
2. The degree of similarity ~ degree of relationship



# Know your line!

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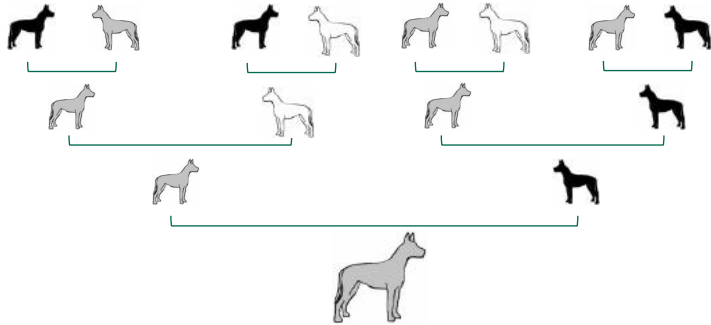


Rover  
Mild hip dysplasia

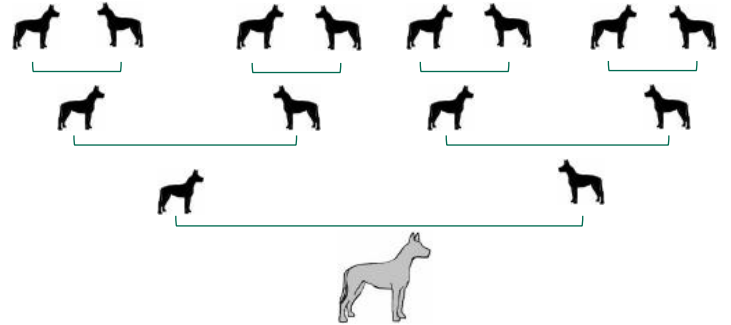


Fido  
Mild hip dysplasia




# Know your line!



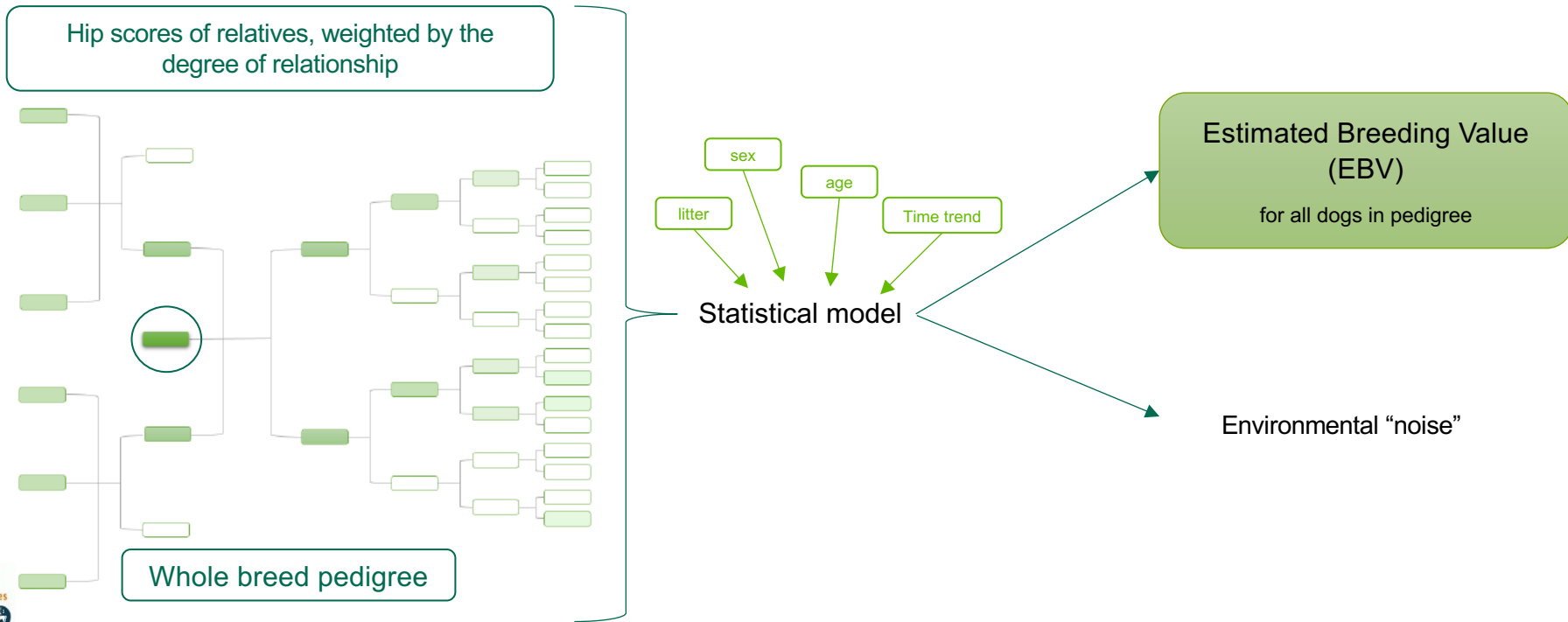
Rover  
Mild hip dysplasia



Fido  
Mild hip dysplasia

-  Excellent hips
-  Mild hip dysplasia
-  Severe hip dysplasia

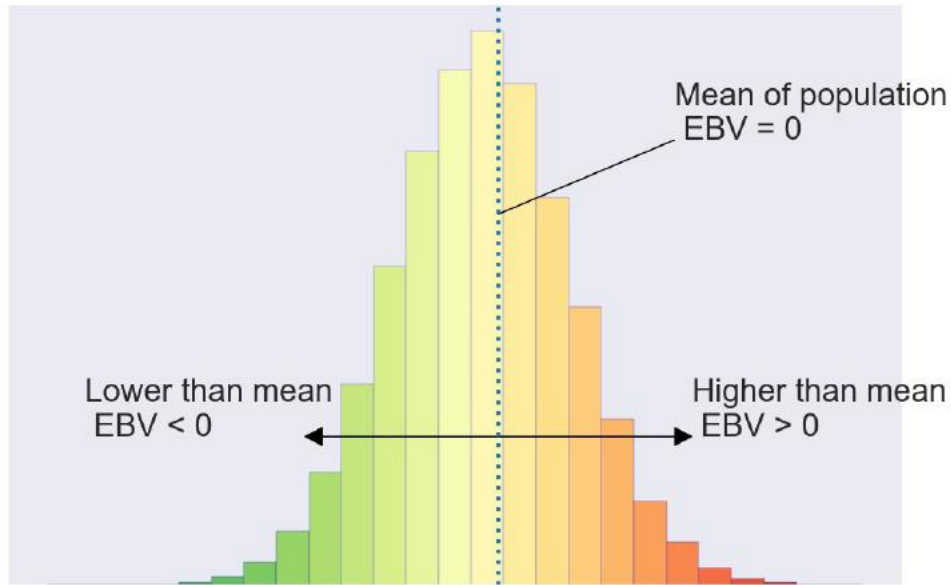
# EBVs – know your pedigree!





# Estimated Breeding Values (EBVs)

1. Breeding value – how does offspring of an individual compare to the mean of the population? By how much?



# Estimated Breeding Values (EBVs)

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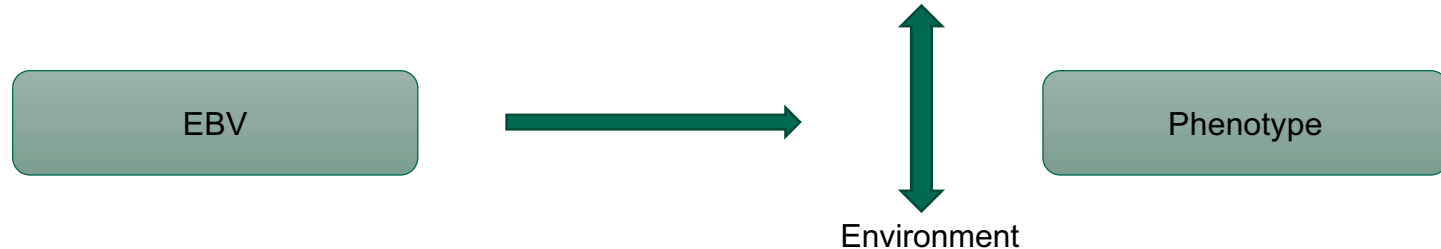
1. Breeding value – how does offspring of an individual compare to the mean of the population? By how much?
2. “Genetic merit” of an individual – can be used to predict phenotype, but it doesn’t account for environment! Dogs with the same EBV could have different phenotypes!



# Estimated Breeding Values (EBVs)

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1. Breeding value – how does offspring of an individual compare to the mean of the population? By how much?
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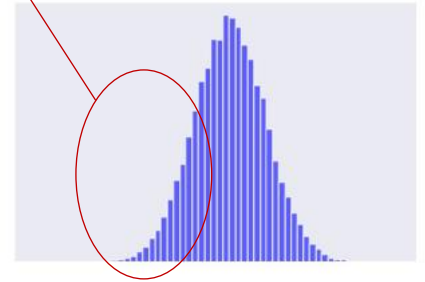


# How to use EBVs

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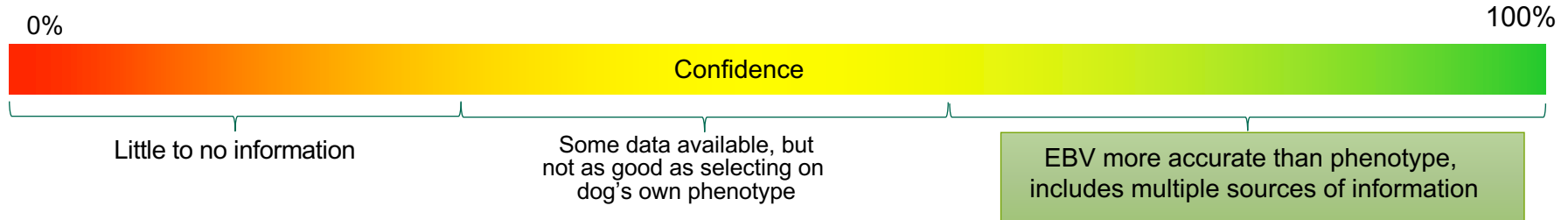
1. Used to rank individuals
2. Selecting individuals that are better than the breed average – not necessary to select the “best of the best” (easier to avoid popular sires!)
3. Gradual improvement

Selection of the best dogs for breeding



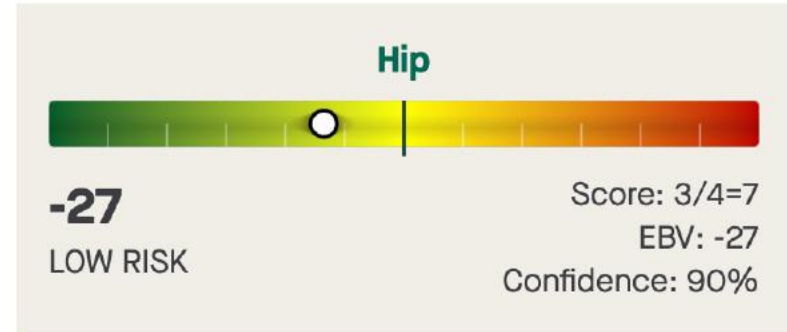
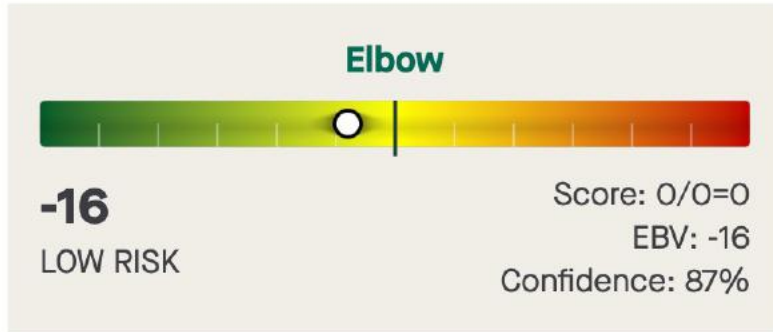
# Confidence of EBVs

1. EBVs are calculated for all dogs in pedigree
2. Confidence – correlation between EBV and True BV
3. Confidence of the EBVs varies between dogs, depending on amount of information



# EBVs at The Kennel Club

1. EBVs for HD and ED produced since 2014
2. Both HD and ED EBVs available for BMDs



EBV results last updated 27 July 2022.

# Using EBVs in practice

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Rover

Hip

Confidence: 97%



Fido

Hip

Confidence: 96%

# Using EBVs in practice

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Rover

## Hip

Score: 4/2=6

Confidence: 97%



Fido

## Hip

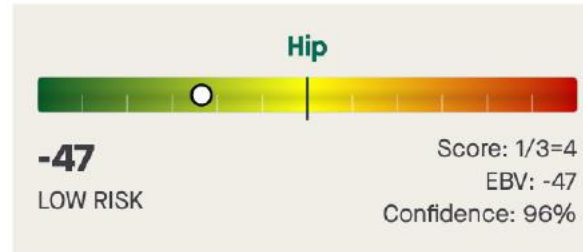
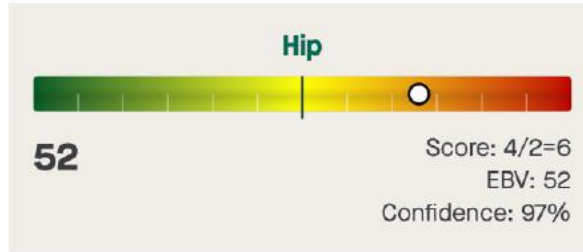
Score: 1/3=4

Confidence: 96%

Breed median hip score  
= 10



# Using EBVs in practice

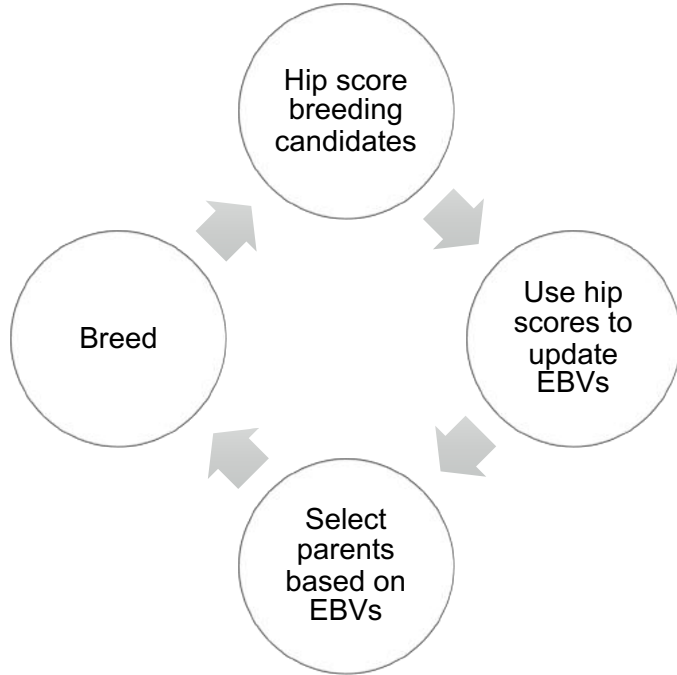


Breed median hip score  
= 10

# EBV does NOT replace hip scoring/elbow grading!

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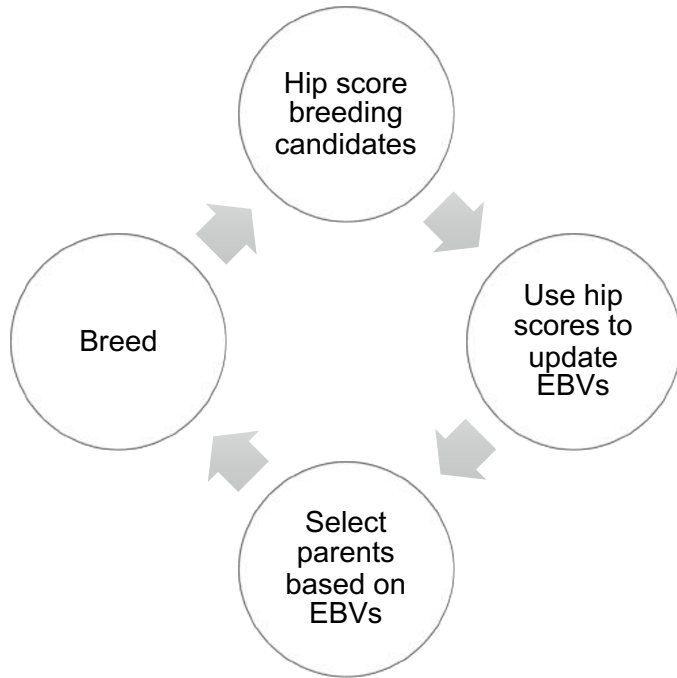
You can't improve what you don't measure!



# EBV does NOT replace hip scoring/elbow grading!

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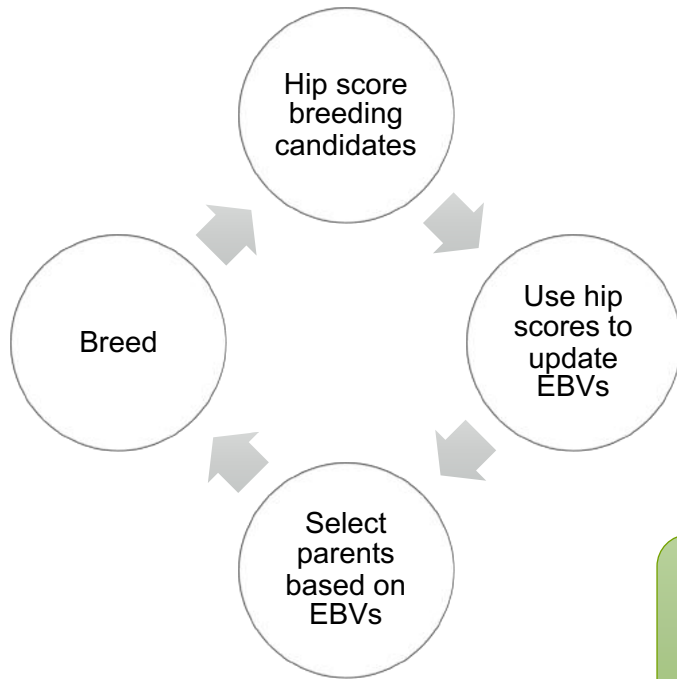
You can't improve what you don't measure!



## Hip scoring and elbow grading:

- Improves the knowledge about your own dog
- Provides basic information on whether your dog is a good breeding candidate
- Improves your breeding program
- Optics

# EBV does NOT replace hip scoring/elbow grading!



You can't improve what you don't measure!

## Hip scoring and elbow grading:

- Improves the knowledge about your own dog
- Provides basic information on whether your dog is a good breeding candidate
- Improves your breeding program
- Optics

By testing your dog, you improve the accuracy of EBVs for all dogs in your line, but also for all other relatives!

# Conclusions

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1. Evidence that HD and ED are a problem in Bernese Mountain Dog
2. Declining number of dogs tested
3. HD and ED – complex trait
4. Difficulty in selection – environmental effects
5. EBVs offer a solution

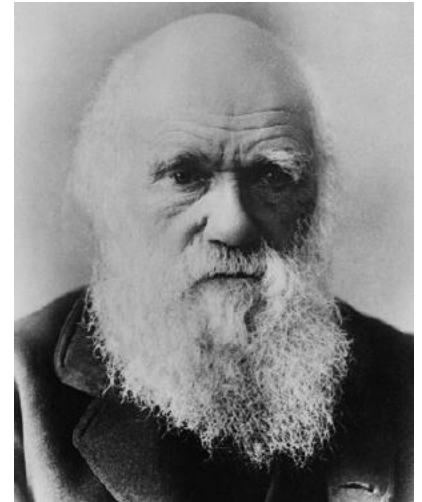
# Inbreeding and genetic diversity

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# Consequences of inbreeding

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- Charles Darwin – outcrossing in plants favoured over self-fertilization
- C. Darwin married his first cousin:
  - 10 kids
  - 3 died early in life
  - 3 were infertile



1802 - 1882

# Consequences of inbreeding

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1. Major abnormalities
2. Early life mortality
3. Lowered fitness:
  1. Survival (infections)
  2. Growth rate
  3. Fertility

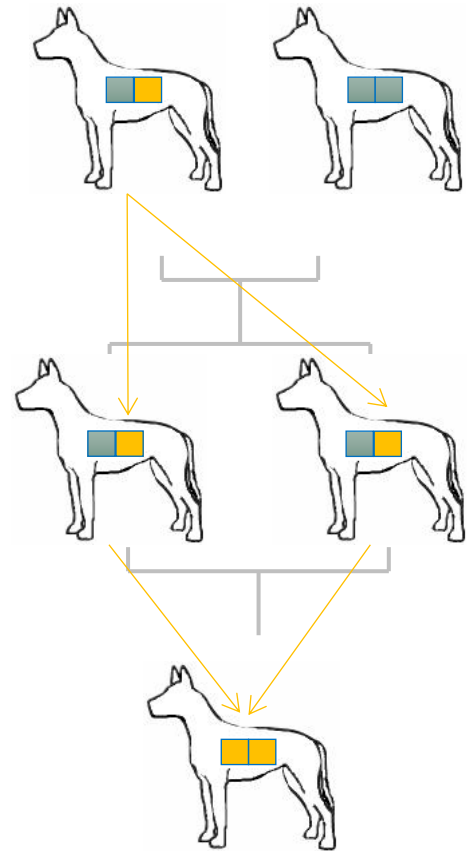


# Inbreeding

1. Inbreeding – probability that the two copies of a gene come from the same ancestor

- **25%** for offspring of a full sib mating or a parent/offspring mating
- **12.5%** for offspring of a half sib mating
- **6.25%** for offspring of 1st cousins
- etc

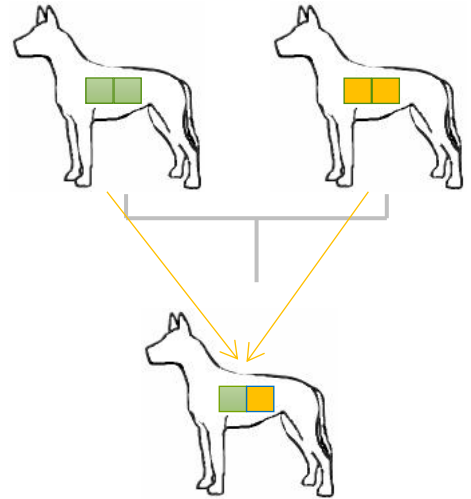
Measure of risk – not a guarantee



# Inbreeding

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1. Inbreeding – probability that the two copies of a gene come from the same ancestor
2. New mutations – mostly deleterious, unknown
3. Inbreeding is NOT inherited



# Age of inbreeding

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- We all have:
  - 2 parents
  - 4 grand parents
  - 8 great grand parents
  - 16 great great grandparents

$$2^n$$

where  $n$  = generations back

25 generations ago was the 1300s

To be completely non-inbred we would need  
>33.5 million unrelated ancestors

Total human population in 1300's = ~400M

# Age of inbreeding

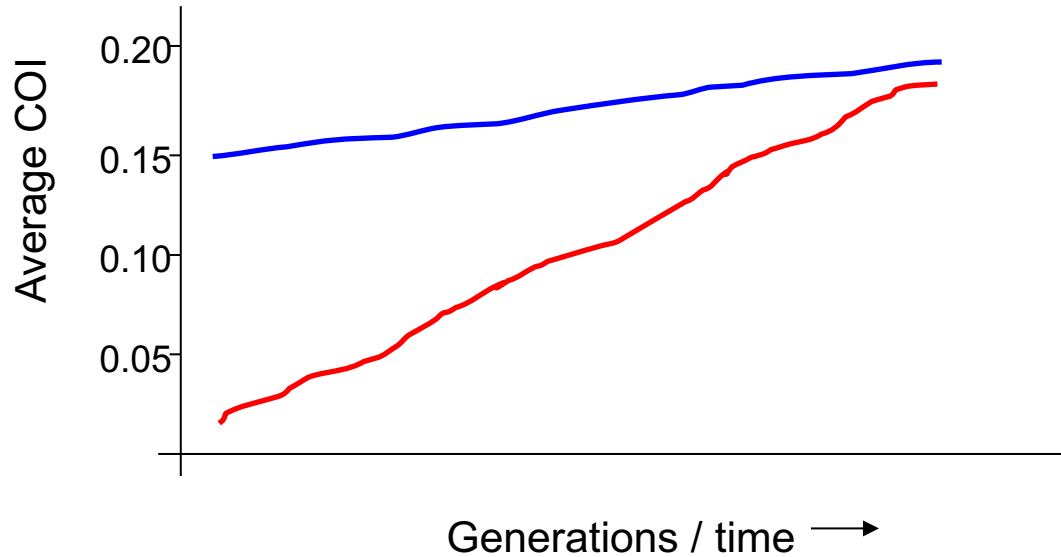
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1. Inbreeding on distant ancestors appears less harmful than on recent ancestors
  - Natural selection acts against deleterious mutations – purging selection

Some mutations may remain in population at low frequencies!

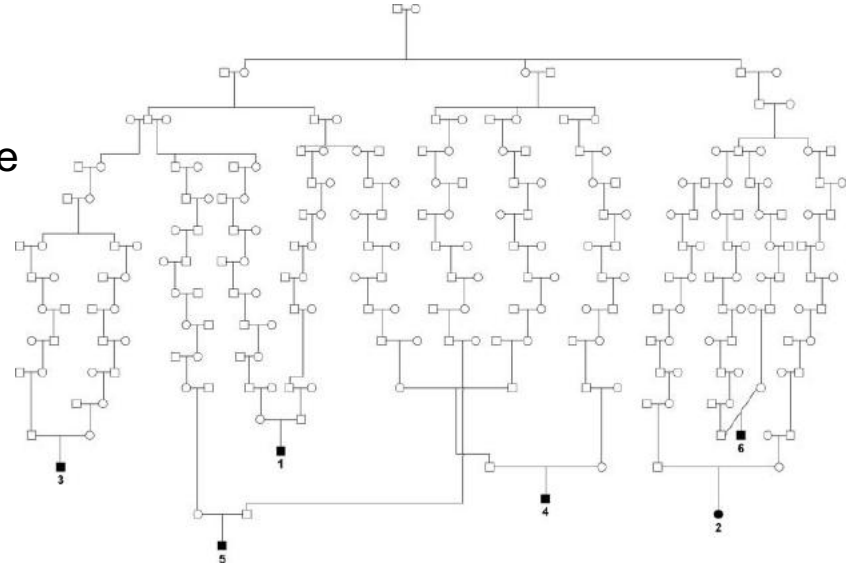
# Age of inbreeding

1. Rate of inbreeding ( $\Delta F$ ) – how quickly is it accumulated over time?
2. High  $\Delta F$  – high loss of diversity
3.  $\Delta F = 0.5\%$  sustainable



# Danger of popular sire

1. Every individual carries new mutations
2. Most of the time, not a problem, as they are rare and usually recessive
3. If two descendants of the same sire are mated, they could have the same mutation - their offspring could inherit two copies, and fall sick
4. Loss of diversity from other sires



# COI at the Kennel Club

1. COI calculator available since 2012
2. Minimise inbreeding in produced litters

## 1. Breed average:

1. COI calculated for all dogs using complete pedigree
2. Average of the COI calculated for dogs born in previous year
3. Current breed average for BMD = 3%

<https://www.thekennelclub.org.uk/search/inbreeding-co-efficient/>

<https://www.thekennelclub.org.uk/health-and-dog-care/health/getting-started-with-health-testing-and-screening/inbreeding-calculators/>

# Inbreeding Coefficient (COI) lookup Results

☆ MOST DIVERSE MATCH

Inbreeding coefficient for ARGUS ELECTRA PETARDA (IMP POL) and DINASTII THE PHENOMENAL is 1.7%.

The breed average is 3.7%

11 generations available of which 5 are complete

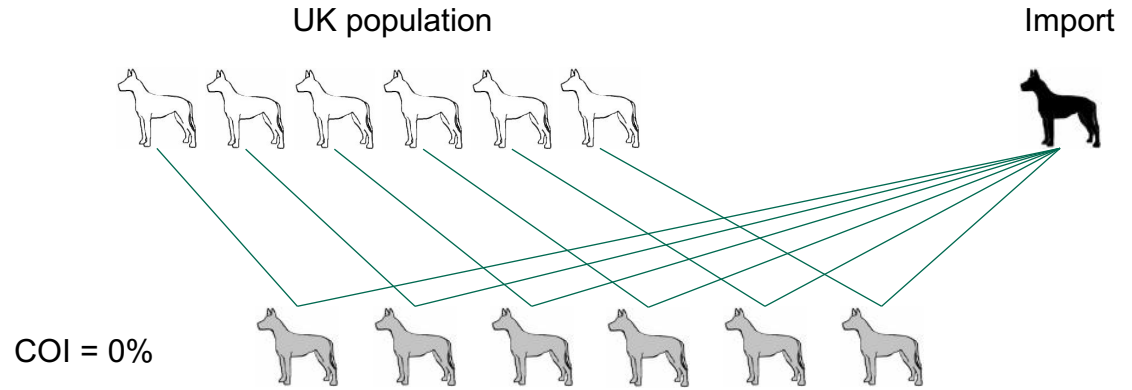
Inbreeding coefficient for ARGUS ELECTRA PETARDA (IMP POL) and SIBIRSKI MEDVED VESELY RODZHER (IMP RUS) is 2.1%.

The breed average is 3.7%

11 generations available of which 4 are complete

# COI - limitations

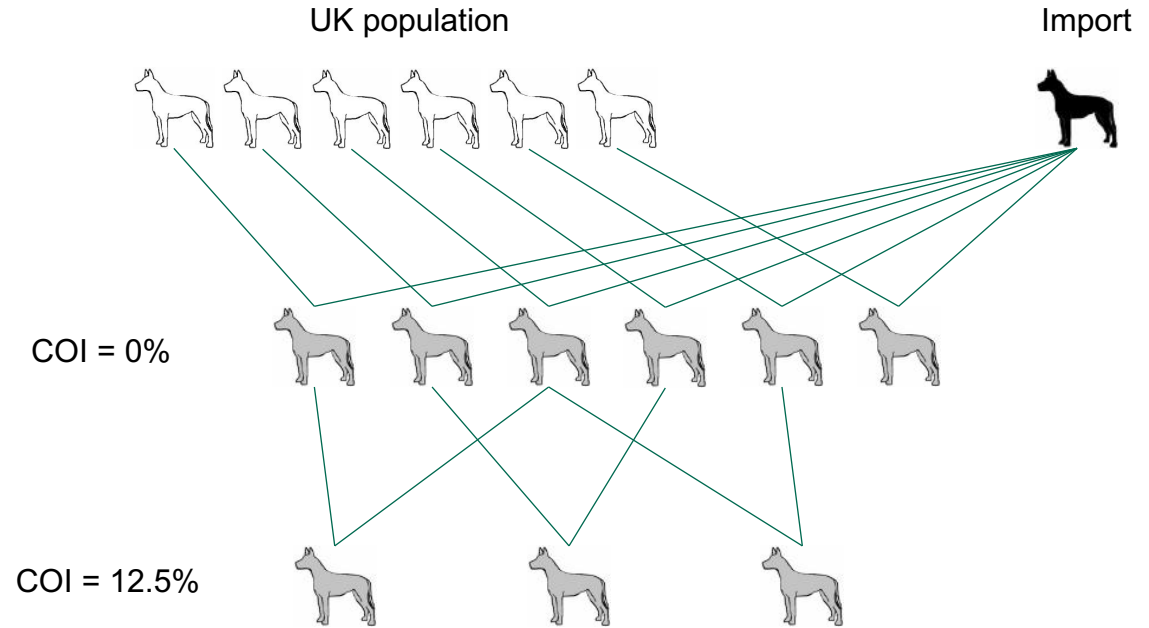
## 1. Retrospective!





# COI - limitations

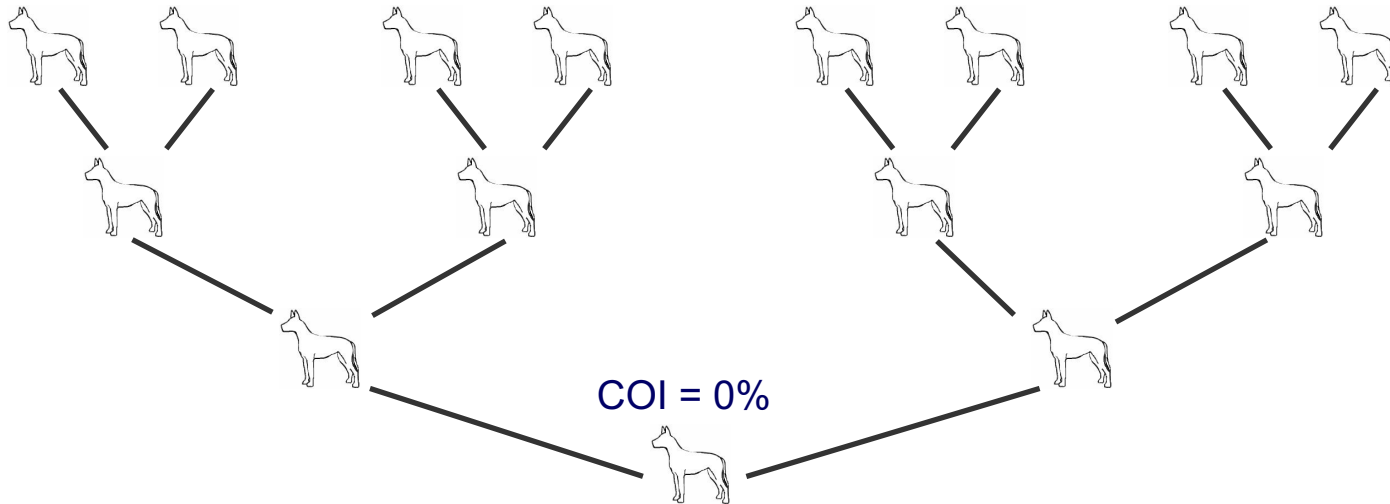
## 1. Retrospective!



# COI – limitations

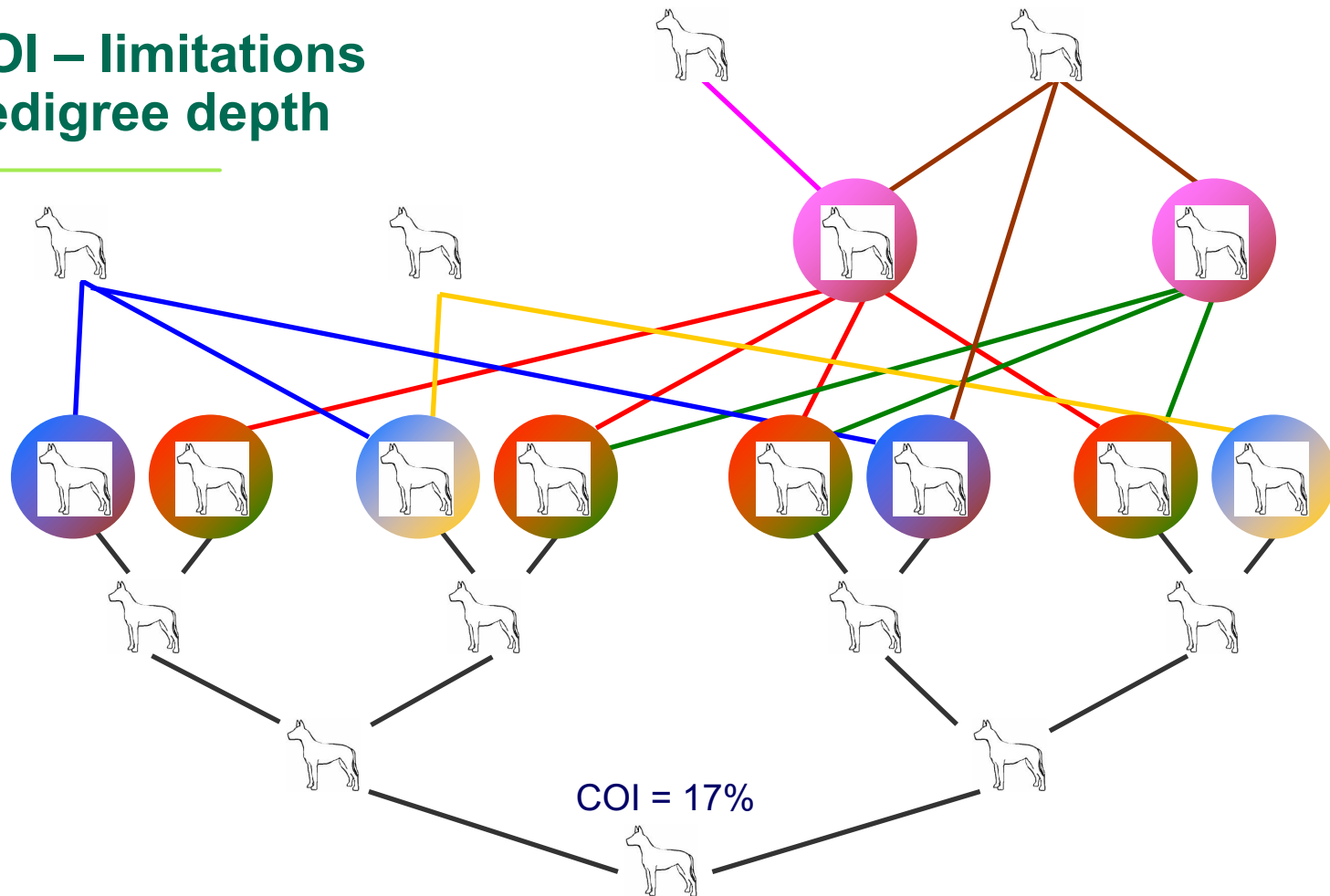
## Pedigree depth

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# COI – limitations

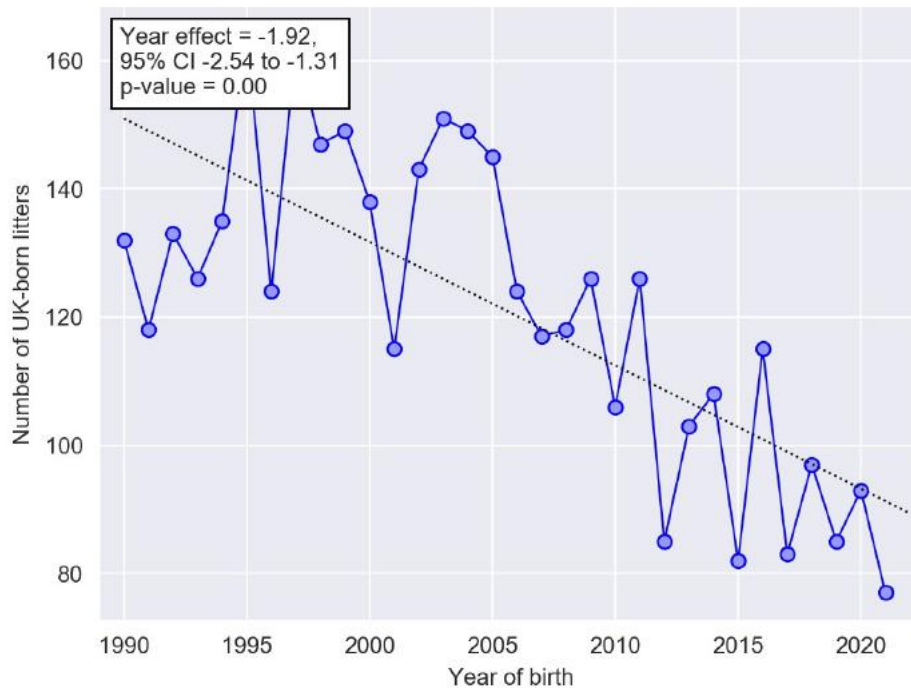
## Pedigree depth



# Bernese Mountain Dog population

## 1. Complete pedigree

- 31K dogs in total
- 26K dogs in litter registrations

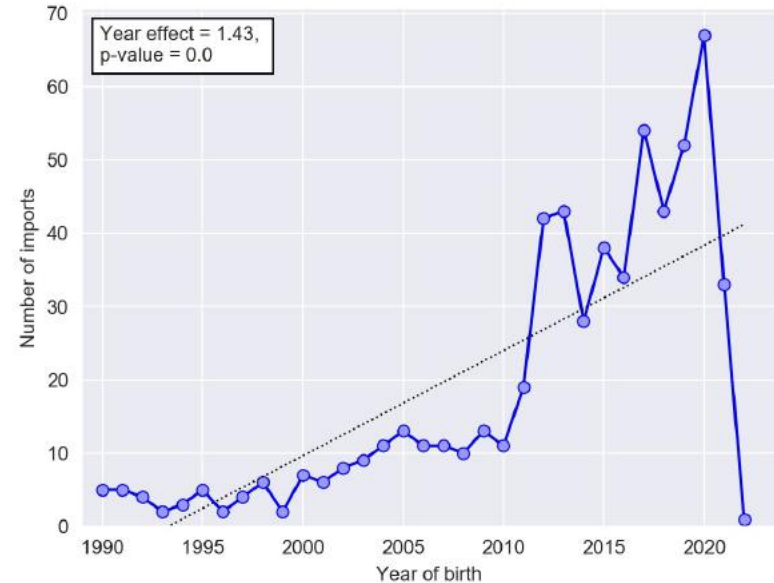


# Bernese Mountain Dog population

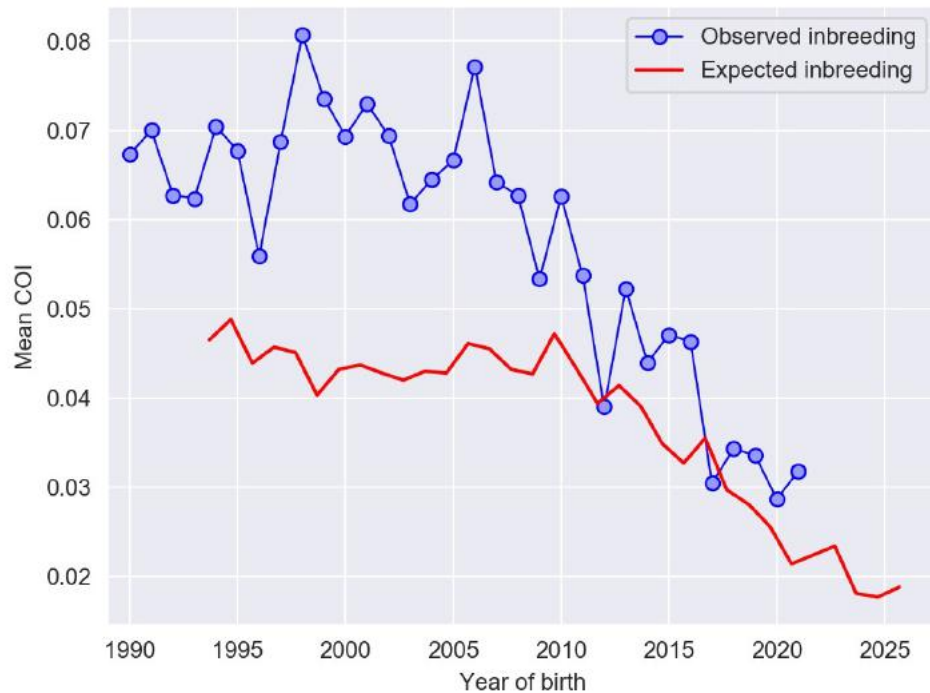
## 1. Imports:

- 1,2K total
- 42 countries (>50% from top 8 countries)

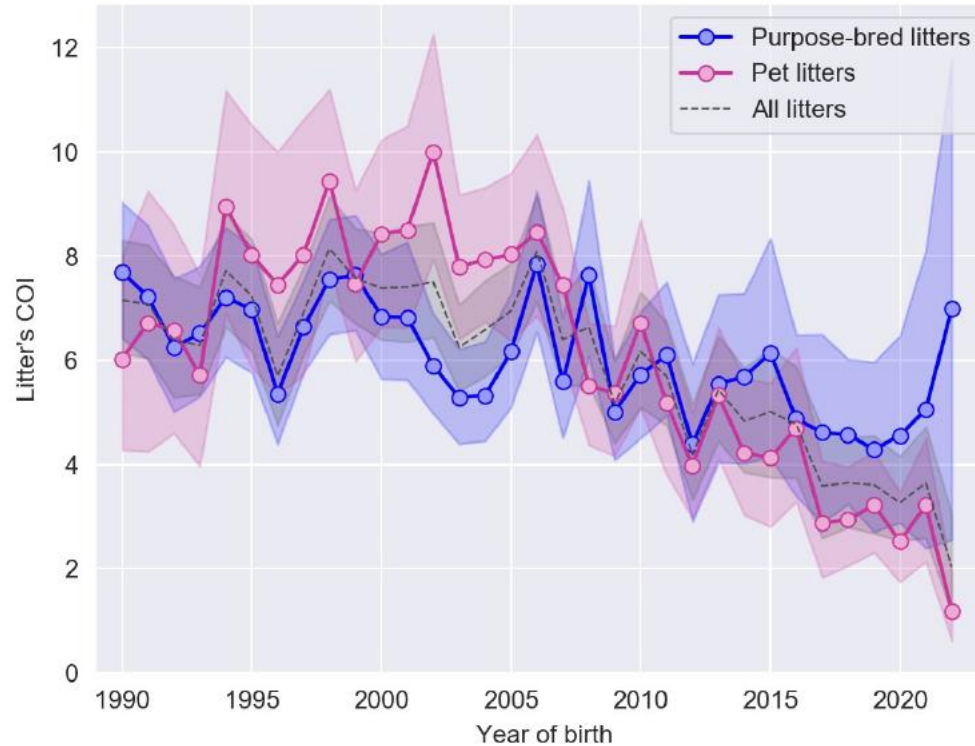
Country	imports	% of imports
Poland	526	10%
Belgium	450	9%
Switzerland	341	7%



# Bernese Mountain Dog population



# Bernese Mountain Dog population



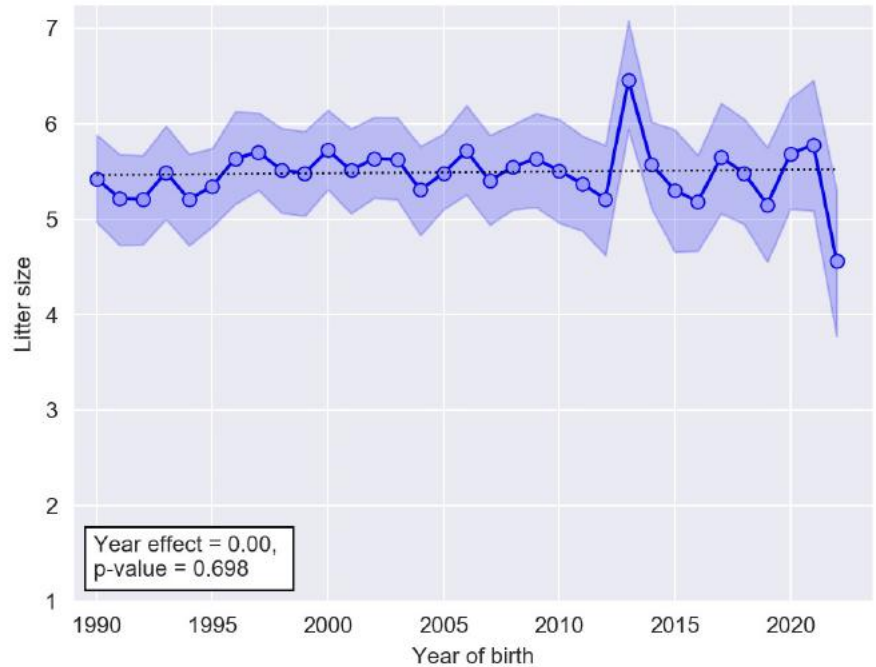
# Bernese Mountain Dog population





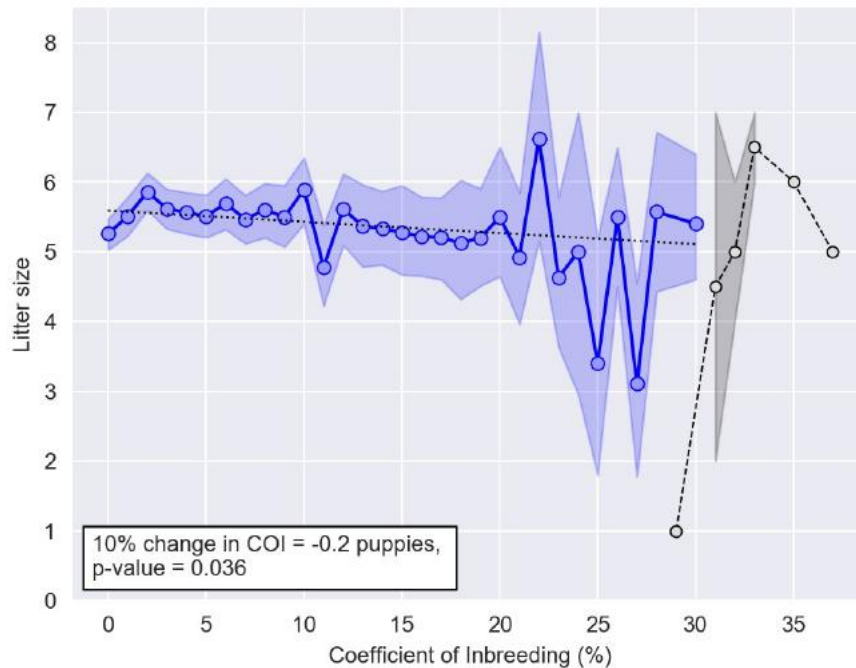
# Bernese Mountain Dog population

- Litter size statistics:
  - Range: 1 to 15
  - Median: 6
  - Mean: 5.5
- No changes over time



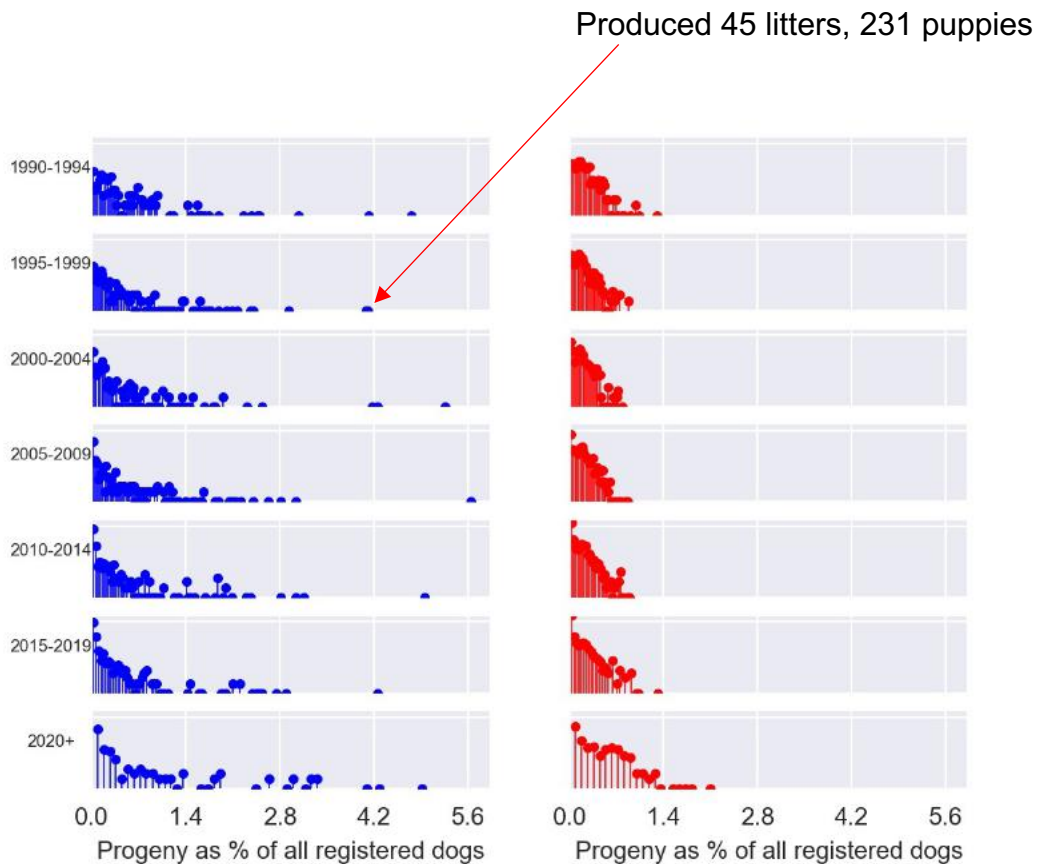
# Bernese Mountain Dog population

## 1. COI and litter size



# Bernese Mountain Dog population

- Popular sires

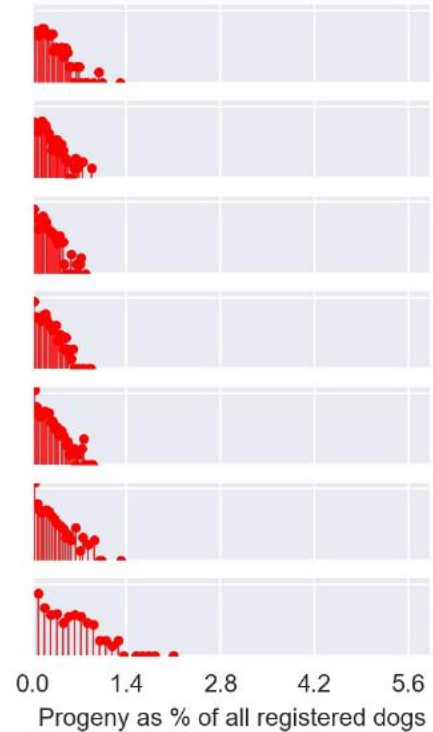
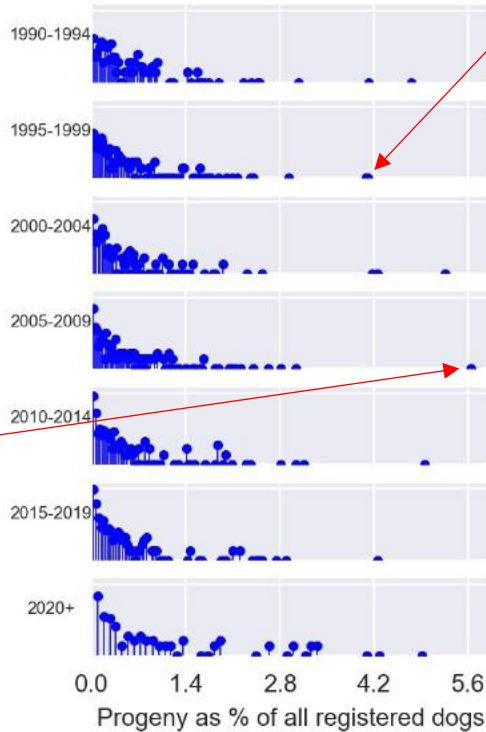


# Bernese Mountain Dog population

- Popular sires

Produced 38 litters, 201 puppies

Produced 45 litters, 231 puppies



# Genetic diversity in Bernese Mountain Dog (UK)

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1. Appears to be relatively good – low mean COI
2. Beware of pedigree depth!
3. Avoid popular sires – and their sons!
4. Monitor genetic diversity across the breed

# Breeding for health – group responsibility!

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Questions





**THE KENNEL CLUB**